

# Möhnesee-Pokal-Lauf 2015

Laufgruppe Deiringsen

06.06.2015

Ergebnisliste

Seite 1

## 5 KM Edeka-Buschkühe Lauf Gesamtwertung

| Platz | Pl. mä. | Pl. wei. | Stnr | Name, Vorname       | AK     | Platz AKI. | Verein                  | BL | Nat | Leistung    |
|-------|---------|----------|------|---------------------|--------|------------|-------------------------|----|-----|-------------|
| 1.    | 1       |          | 1078 | Kott, Georg         | M 50   | 1          | LC Rapid Dortmund       |    |     | 17:48,0 min |
| 2.    | 2       |          | 1072 | Kleinschmidt, Karl  | MJ U18 | 1          | Marathon Soest          |    |     | 18:49,0 min |
| 3.    | 3       |          | 1079 | Wilmes, Heiko       | M 45   | 1          | TV Refrath              |    |     | 19:08,0 min |
| 4.    | 4       |          | 1088 | Schulte, Thorsten   | M 35   | 1          | Soester Tri Team        |    |     | 19:28,0 min |
| 5.    | 5       |          | 1067 | Kaetzler, Sebastian | M 30   | 1          |                         |    |     | 19:48,0 min |
| 6.    | 6       |          | 1092 | Michel, Wolfgang    | M 60   | 1          | LC Bad Arolsen          |    |     | 19:56,0 min |
| 7.    | 7       |          | 1058 | Koch, Michael       | M 50   | 2          | LG Mühlheim / Möhne     |    |     | 22:24,0 min |
| 8.    |         | 1        | 1071 | Kleinschmidt, Gabi  | W 45   | 1          | Marathon Soest          |    |     | 22:27,0 min |
| 9.    | 8       |          | 1089 | Vielhaber, Ralf     | M 50   | 3          | Triathlon Team TG Witte |    |     | 22:29,0 min |
| 10.   | 9       |          | 1095 | Henze, Günter       | M 65   | 1          | TV Attendorn            |    |     | 22:39,0 min |
| 11.   | 10      |          | 1076 | Greune, Guido       | M 50   | 4          | LG Deiringsen           |    |     | 22:44,0 min |
| 12.   |         | 2        | 1068 | Hoppe, Claudia      | W 45   | 2          | Marathon Soest          |    |     | 22:50,0 min |
| 13.   | 11      |          | 1090 | Krieger, Mike       | M 50   | 5          | MKE Dortmund            |    |     | 24:00,0 min |
| 14.   | 12      |          | 1083 | Mayweg, Lukas       | Männer | 1          | Lahme Erpel Schwefe     |    |     | 24:04,0 min |
| 15.   | 13      |          | 1066 | Hölter, Jörg        | M 45   | 2          | LG Deiringsen           |    |     | 24:09,0 min |
| 16.   | 14      |          | 1069 | Hoppe, Christoph    | M 45   | 3          | Marathon Soest          |    |     | 25:10,0 min |
| 17.   | 15      |          | 1057 | Bieker, Kay         | M 45   | 4          | Tri AS Hamm             |    |     | 25:16,0 min |
| 18.   |         | 3        | 1082 | Bolz, Ann-Marie     | Frauen | 1          | Lahme Erpel Schwefe     |    |     | 25:27,0 min |
| 19.   | 16      |          | 1059 | Look, Helmut        | M 55   | 1          | TV Flerke               |    |     | 25:35,0 min |
| 20.   |         | 4        | 1080 | Milder, Brunhilde   | W 45   | 3          | 10 Jahre Höinger Heidel |    |     | 25:44,0 min |
| 21.   | 17      |          | 1081 | Meier, Alfons       | M 50   | 6          | 10 Jahre Höinger Heidel |    |     | 26:04,0 min |
| 22.   |         | 5        | 1063 | Voss, Lina          | W 15   | 1          | LAZ Soest               |    |     | 26:06,0 min |
| 23.   | 18      |          | 1051 | Menzel, Andreas     | M 45   | 5          |                         |    |     | 26:22,0 min |
| 24.   |         | 6        | 1061 | Bootz, Hanna        | WJ U20 | 1          | Tus Bremen              |    |     | 26:49,0 min |
| 25.   |         | 7        | 1093 | Schulte, Sabrina    | Frauen | 2          | LG Deiringsen           |    |     | 26:52,0 min |
| 26.   | 19      |          | 1053 | Helmes, Detlef      | M 55   | 2          |                         |    |     | 27:14,0 min |
| 27.   |         | 8        | 1087 | Sippel, Sonja       | W 35   | 1          | SuS Günne               |    |     | 28:42,0 min |
| 28.   |         | 9        | 1048 | Meister, Anja       | W 35   | 2          |                         |    |     | 28:51,0 min |
| 29.   |         | 10       | 1077 | Jeworrek, Sigrid    | W 45   | 4          | TV Flerke               |    |     | 29:07,0 min |
| 30.   | 20      |          | 1094 | Schaffranka, Ingo   | M 45   | 6          | Stiftung Gutes Erlaufen |    |     | 30:05,0 min |
| 31.   |         | 11       | 1062 | Voss, Lara          | W 11   | 1          | Soest                   |    |     | 30:07,0 min |
| 32.   | 21      |          | 1064 | Voss, Udo           | M 40   | 1          |                         |    |     | 30:14,0 min |
| 33.   |         | 12       | 1074 | Kleinschmidt, Lina  | W 12   | 1          | Marathon Soest          |    |     | 30:39,0 min |
| 34.   |         | 13       | 1073 | Barbara, Rahmann    | W 35   | 3          | SuS Günne               |    |     | 31:02,0 min |
| 35.   |         | 14       | 1052 | Helmes, Sabine      | W 50   | 1          |                         |    |     | 31:35,0 min |
| 35.   |         | 14       | 1055 | Bochmann, Daniel    | W 40   | 1          |                         |    |     | 31:35,0 min |
| 37.   |         | 16       | 1070 | Radojewski, Silvia  | W 45   | 5          | LG Deiringsen           |    |     | 31:39,0 min |
| 38.   | 22      |          | 1086 | Weber, Franz-Josef  | M 55   | 3          | Laufftreff Höingen      |    |     | 32:27,0 min |
| 39.   |         | 17       | 1084 | Oschinski, Dagmar   | W 40   | 2          | SW Hultrop              |    |     | 32:39,0 min |
| 40.   |         | 18       | 1060 | Osterkamp, Saskia   | W 35   | 4          | TV Flerke               |    |     | 32:59,0 min |
| 41.   |         | 19       | 1085 | Hötling, Daniela    | W 40   | 3          |                         |    |     | 33:29,0 min |

41 Finisher